FIRST IN AMERICA RADIOSURGERY PIONEER

## DR LEDERMAN ARTHRITS & PLANTAR FASCIITIS TREATMENT PRIMER

Low dose radiation generally relieves arthritis pain of hip, knee, hand — and more caused by osteoarthritis, bursitis, synovitis and tendonitis. Thousands have been treated over decades with high rates of success. Radiation dose is very low, so treatment is considered very safe. Similar success is observed in people suffering from Plantar Fasciitis heel pain.



Treatments are easy and few for the patient - especially compared with surgery and lifelong medicines. A recent randomized study of knee arthritis receiving low dose radiation, versus so-called "sham radiation," found those receiving proper radiation had beneficial response rates significantly higher than "sham radiation."

Meaningful improvement in the proper dose group was observed. Authors (Kim et al) concluded that treatment, "led to significant improvement in outcome for patients with mild-to-moderate knee osteoarthritis. These findings support its potential as a conservative treatment option."

It's easy to understand why Dr Lederman's low dose radiation program for Arthritis and Plantar Fasciitis treatment is so appealing and well received! May well help you, too!

Usain Bolt's Radiation
for Plantar Fasciitis

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## FOR THOSE WITH ARTHRITIS & PLANTAR FASCIITIS PAIN... DR LEDERMAN WORKS FOR YOUR BLUE SKIES!!!

- Dr L's low dose radiation (RT) is a gentle option
- · Most patients experience significant improvement
- Most treatment improvement is long lasting
- · Treatments take only minutes, with no down time
- · Low dose RT often reduces inflammation & pain
- · Second treatments can be safely administered
- Side-effects are considered minimal
- · Improvements may start soon and continue over time
- · RT may help even if medicines, physical therapy, injections, braces don't offer relief
  - Dr L's RT may be appealing for those who seek non-invasive or low risk treatment



- Dr L's RT may delay or reduce need for radical surgery
- · Treatment often improves mobility & reduces pain
- · Knees, hips, hands, feet & more are frequently treated
- Dr L's low dose RT may improve chronic pain when other treatments did not provide adequate relief
- Dr L's low dose RT may help avoid or delay surgery
- · Our low dose RT is covered by most insurances, Medicare and Medicaid
- Super-conveniently located at 1384 Broadway at 38th in Manhattan near Times Square & Macy's
- Dr Lederman is Board Certified in Radiation
- · Best is always to meet Dr Lederman in person
- · So many reasons to meet Dr Lederman!





## Usain Bolt — Fastest Man in the World!

Helped by Radiation? Low dose radiation might help your arthritis/plantar fasciitis!



Why did Usain Bolt, World's Fastest Man, receive low dose radiation (RT) for painful plantar fasciitis in his heel? Pain caused by plantar fasciitis and arthritis pain in knees, hips, hands damages quality & joy of life. Usain Bolt likely chose low dose RT to reduce Plantar Fasciitis inflammation to reduce pain, perform better, run faster! Will you?





If suffering from plantar fasciitis or arthritis, you may wish to consider innovative non-invasive care with Dr L. Data over decades! Innovative care, personalized pain relief with Dr Lederman!



## PLANTAR FASCIITIS HEEL PAIN? ARTHRITIC HIP AND KNEE PAIN? POSSIBLE NEW MEDICAL SOLUTIONS FROM DR LEDERMANIII



Plantar fasciitis affects millions, causing heel pain - even Dr L!
Relief is possible with non-invasive, non-surgical therapy!!!
32 million Americans have arthritic pain in knees, hips, hands
Non-invasive options exist here for many with plantarfasciitis heel pain; also knee, hip and hand arthritic pain

Dr Lederman works for your health!!!
Learn by meeting Dr Lederman!!!
Innovative Care & Personalized Relief
New options for pain relief at RSNY

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